

FAMILY HUB

****SESSIONS CAN BE SUBJECT TO CHANGE****

Www.ccenfield.org

Monday 7th April—Thursday 17th April 2025

IMPORTANT - To book a Stay and Play session please call- 020 8106 9996 Monday—Friday 8.30– 4.00pm

| | Mon AM | MON PM | Tue AM | Tue PM | Wed AM | Wed PM | Thu AM | Thu PM | Fri AM |
|--|---|---|--|--|--|---|---|---|--|
| De Bohun Green Road Southgate N14 4AD <i>*PARKING RSTRICTIONS PLEASE THE NOTE OVERLEAF*</i> | Let's Play 9.30-10.30am By Invitation Let's Play 11.00-12.00pm By Invitation | EPIP By Appointment | Stay and Play (1-4 Years) 9.15-10.30am Stay and Play (1-4 Years) 11.00-12.15 pm No session 29 April | Stay and Play Baby Group (0-1 Years) 2.00-3.15pm No session 29 April | Antenatal Group (3rd Monthly) By Appointment | | 2 Year Reviews By Appointment HENRY WORKSHOP (2nd Monthly) By Appointment Speech & Language (1st Monthly) By Invitation | Breastfeeding Support DROP IN 1.30-3.00pm | Stay and Play (1-4 Years) 9.15-10.30am Stay and Play (1-4 Years) 11.00-12.15 pm |
| Eldon St Peter's Road Edmonton N9 8JP For enquiries only - 020 8887 1965 | Stay and Play (1-4 Years) 10.00-11.30am Postnatal Checks By Appointment 2 Year Reviews By Appointment | Healthy Child Clinic DROP IN 1.15-3.15 pm 2 Year Reviews By Appointment EPIP By Appointment | Stay and Play (1-4 Years) 9.15-10.30am Stay and Play (1-4 Years) 11.00-12.15 pm Speech & Language (2nd Monthly) By Invitation | Stay and Play Baby Group (0-1 Years) 2.00-3.15pm | Stay and Play (1-4 Years) 9.15-10.30am Stay and Play (1-4 Years) 11.00-12.15 pm Antenatal Check By Appointment Access & Advice By Invitation (2nd Monthly) | Stay and Play (1-4 Years) 2.00-3.15pm Antenatal Check By Appointment | FAMILY SUPPORT SURGERY 9-12pm Call for Appointment Let's Play 9.30-10.30am & 11.00-12.00pm By Invitation 2 Year Reviews By Appointment | Stay and Play Baby Group (0-1 Years) 2.00-3.15pm 2 Year Reviews By Appointment | Stay and Play (1-4 Years) 9.15-10.30am Stay and Play (1-4 Years) 11.00-12.15 pm Antenatal Checks By Appointment |
| Ponders End Youth & Family Hub, South Street, Enfield EN3 4PX | Stay and Play (1-4 Years) 9.15-10.30am Stay and Play (1-4 Years) 11.00-12.15 pm | Stay and Play Baby Group (0-1 Years) 2.00-3.15pm | Fizzy Gyms By Invitation only | | EPIP By Appointment 9.30-10.30am | Stay and Play (1-4 Years) 12.30-1.45pm Stay and Play (1-4 Years) 2.15-3.30pm | <div> *FIRST TIME PARENTS PROGRAMME* *For babies 2-4 months* 5 week course Carterhatch Family Hub Starts Wednesday 30th April- 28th May 2025 1.45-3.00pm CALL 020 8106 9996 TO BOOK </div> | | Let's Play 9.30-10.30am By Invitation Let's Play 11.00-12.00pm By Invitation |
| Craig Park Youth & Family Hub, 2 Lawrence Rd, Edmonton N18 2HN | <div> HENRY Starting Solids Workshop De Bohun Family Hub Tuesday 29th April 2025 1.00- 3.00 pm CALL 020 8106 9996 TO BOOK </div> | | | FIRST TIME PARENTS GROUP 1.45-3.00pm 25 March-22 April | | | | | Stay and Play (1-4 Years) 9.15-10.30am Stay and Play (1-4 Years) 11.00-12.15 pm |

**** Carterhatch Family Hub is closed from Monday 7th April & reopens on Tuesday 22nd April 2025**

**** Raynham Family Hub is closed from Monday 7th April & reopens on Thursday 24th April 2025**

**** Family Hub is closed for the Bank Holiday weekend - Good Friday 18th April & Easter Monday 21st April 2025**

DESCRIPTION OF SERVICES

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| <p><u>Baby Group</u> (0-1 years) Call 0208 106 9996 to book</p> <p>Stay and Play sessions for parents & babies who are not yet walking to share experiences, meet new friends and gain information</p> <p><u>Stay and Play</u> (1- 4 year olds) Call 0208 106 9996 to book</p> <p>Stay and Play sessions that will enrich your child's knowledge and development through play, helping your children explore their creativity and language</p> <p>**PLEASE NOTE these sessions are INDOOR & OUTDOOR **</p> | <p><u>FAMILY SUPPORT SURGERY</u> Call to Book an appointment</p> <p>A Family Support Worker will be available to talk things through & offer guidance and support. No problem is too big or small .</p> | <p><u>Speech & Language</u> By Appointment only To book an appointment with a Speech & Language therapist— <u>call 020 45537784</u></p> <p><u>Access & Advice</u> By Invitation Only A Speech & Language triage service which identifies childrens' language and communication needs. Referrals to this service are made via our Family Hub staff</p> <p><u>Let's Play</u> By Invitation Only Language & Communication Group for children Invited by the Speech & Language team</p> | <p><u>BREASTFEEDING SUPPORT DROP-IN</u> NO Appointment needed! Drop-in Run by the Breastfeeding Network Enfield providing advice & support – all welcome</p> <p><u>HENRY Starting Solids Workshop</u> Call to Book a place on waiting list For parents ensuring babies have a healthy start in life</p> <p><u>HENRY –Healthy Families Workshop</u> By Appointment Fussy eating & understanding children's behaviour. Available to families with children aged under 5 years . To refer into this service Call: 020 3988 7300</p> |
| <p><u>HEALTHY CHILD CLINIC</u> DROP IN—no need to make an appointment – PLEASE ATTEND EARLY TO ENSURE THAT YOU ARE SEEN</p> <p>Call: 020 3988 7300 for any Health enquiries or concerns</p> <p>A Health Visitor led baby & child 1-4 years weighing clinic</p> <p><u>Two Year Reviews</u> By Invitation Only</p> <p>A Health Visiting Team led service Call: 020 3988 7300 for any Health enquiries or concerns</p> | <p><u>EPIP</u> By Appointment only</p> <p>Service for parents-to-be and parents with babies up to 18 months. Are you finding things more difficult than you anticipated? Have you been feeling low or depressed? Are you feeling concerned that you haven't formed a bond?</p> <p>Contact Jane Davies on 0208 702 6828 for further information</p> | <p><u>Antenatal Group</u> Invitation only by Midwifery Team This appointment takes place between 28-36 weeks of pregnancy to introduce the Health Visitor Team</p> <p><u>BABY & US</u></p> <p>An 9 week course run by trained local parents for local parents. Learn how to bond with your baby understand their needs, look after your wellbeing & meet new friends– suitable for parents/carers of babies 0-9 months</p> <p>To book or for more information please contact : Katrina Bray 07719 324861</p> | <p><u>First Time Parents Programme</u> Call to Book a place on waiting list</p> <p>For first time parents with babies aged 2 to 4 months- The program covers parents' well-being, early communication, weaning and sleeping and it's a great opportunity to meet local parents.</p> |

All Sessions are FREE for families with children under 5

****NO MOBILES TO BE USED ANYWHERE ON SITES****
Please refer to our website for up to date information- www.ccenfield.org
You can also find our privacy policy on <https://www.ccenfield.org/privacy-policy/>

****PRAMS & BUGGIES WILL NEED TO BE LEFT IN THE BUGGY PARKS PROVIDED AT ALL S**

