



Enfield Children's Centre

****SESSIONS CAN BE SUBJECT TO CHANGE****
www.ccenfield.org

Monday 17th February- Friday 28th February 2025

IMPORTANT - To book a Stay and Play session please call- 020 8106 9996
 Mon-Thurs—8.30—4.30pm Friday 8.30— 4pm

	Mon AM	MON PM	Tue AM	Tue PM	Wed AM	Wed PM	Thu AM	Thu PM	Fri AM
De Bohun Green Road Southgate N14 4AD *PARKING RESTRICTIONS PLEASE THE NOTE OVERLEAF*	Let's Play 9.30-10.30am By Invitation Let's Play 11.00-12.00pm By Invitation	EPIP By Appointment	Stay and Play (1-4 Years) 9.15-10.30am Stay and Play (1-4 Years) 11.00-12.15 pm	Stay and Play Baby Group (0-1 Years) 2.00-3.15pm	Antenatal Group (3rd Monthly) By Appointment		2 Year Reviews By Appointment HENRY WORKSHOP (2nd Monthly) By Appointment Speech & Language (1st Monthly) By Invitation	Breastfeeding Support DROP IN 1.30-3.00pm	Stay and Play (1-4 Years) 9.15-10.30am Stay and Play (1-4 Years) 11.00-12.15 pm
Eldon St Peter's Road Edmonton N9 8JP For enquiries only - 020 8887 1965	Stay and Play (1-4 Years) 10.00-11.30am Postnatal Checks By Appointment 2 Year Reviews By Appointment	Healthy Child Clinic DROP IN 1.15-3.15 pm 2 Year Reviews By Appointment EPIP By Appointment	Stay and Play (1-4 Years) 9.15-10.30am Stay and Play (1-4 Years) 11.00-12.15 pm Speech & Language (2nd Monthly) By Invitation Citizens Advice By Appointment	Stay and Play Baby Group (0-1 Years) 2.00-3.15pm	Stay and Play (1-4 Years) 9.15-10.30am Stay and Play (1-4 Years) 11.00-12.15 pm Antenatal Check By Appointment Access & Advice By Invitation (2nd Monthly)	Stay and Play (1-4 Years) 2.00-3.15pm Antenatal Check By Appointment	FAMILY SUPPORT SURGERY 9-12pm Call for Appointment Let's Play 9.30-10.30am & 11.00-12.00pm By Invitation 2 Year Reviews By Appointment	Stay and Play Baby Group (0-1 Years) 2.00-3.15pm No session 20 Feb 2 Year Reviews By Appointment	Stay and Play (1-4 Years) 9.15-10.30am Stay and Play (1-4 Years) 11.00-12.15 pm Antenatal Checks By Appointment
Carterhatch Autumn Close Enfield EN1 4JY For enquiries only - 020 8804 6912	Stay and Play (1-4 Years) 9.15-10.30am Stay and Play (1-4 Years) 11.00-12.15 pm 2 Year Reviews By Appointment Speech & Language (1st Monthly) By Invitation	Stay and Play Baby Group (0-1 Years) 2.00-3.15 pm Speech & Language (3rd Monthly) By Invitation	Stay and Play (1-4 Years) 9.15-10.30am Stay and Play (1-4 Years) 11.00-12.15 pm Access & Advice (2nd Monthly) By Invitation FAMILY SUPPORT SURGERY 9-12pm Call for Appointment	Stay and Play (1-4 Years) 1.45-3.00 pm 2 Year Reviews By Appointment 6/8 week Reviews By Appointment	Citizens Advice By Appointment BABY & US PROGRAMME 10.00- 12.00pm By Appointment 5th Feb-2nd April	Stay and Play (1-4 Years) 1.45-3.00 pm Citizens Advice By Appointment	Stay and Play (1-4 Years) 9.15-10.30am Stay and Play (1-4 Years) 11.00-12.15 pm Breastfeeding Support By Appointment Antenatal Checks By Appointment	Stay and Play Baby Group (0-1 Years) 2.00-3.15pm 2 Year Reviews By Appointment Antenatal Checks By Appointment	Healthy Child Clinic DROP IN 9.30-11.30am 2 Year Reviews By Appointment
Raynham Woolmer Road N18 2JJ	HENRY Starting Solids Workshop Carterhatch Children's Centre Monday 24th March 2025 1.00- 3.00 pm CALL 020 8106 9996 TO BOOK		Access & Advice By Invitation (4th Monthly)		Let's Play 9.30-10.30am By Invitation Let's Play 11.00-12.00pm By Invitation	Stay and Play (1-4 Years) 2.00-3.15pm	Stay and Play (1-4 Years) 9.15-10.30am & 11.00-12.15 pm No 11am session 27 Feb Citizens Advice By Appointment Speech & Language (4th Monthly) By Invitation	Stay and Play Baby Group (0-1 Years) 2.00-3.15pm No session 27 Feb	
Ponders End Youth & Family Hub, South Street, Enfield EN3 4PX	Stay and Play (1-4 Years) 9.15-10.30am Stay and Play (1-4 Years) 11.00-12.15 pm	Stay and Play Baby Group (0-1 Years) 2.00-3.15pm	Fizzy Gyms By Invitation only		EPIP By Appointment 9.30-10.30am	FIRST TIME PARENTS PROGRAMME 1.45-3pm 19 Feb- 19 Mar	*FIRST TIME PARENTS PROGRAMME* *For babies 2-4 months* 5 week course Craig Park Youth & Family Hub Starts Tuesday 25th March- 22nd April 2025 1.45-3.00pm		Let's Play 9.30-10.30am By Invitation Let's Play 11.00-12.00pm By Invitation
Craig Park Youth & Family Hub, 2 Lawrence Rd, Edmonton N18 2HN				Stay and Play Baby Group (0-1 Years) 2.15-3.30pm					Stay and Play (1-4 Years) 9.15-10.30am Stay and Play (1-4 Years) 11.00-12.15 pm

	Mon AM	Mon PM	Tue AM	Tue PM	Wed AM	Wed PM	Thu AM	Thu PM	Fri AM
Hazelwood Hazelwood Lane N13 5HE	<u>Perinatal Mental Health service</u> By Invitation	<u>Perinatal Mental Health service</u> By Invitation	<u>EPIP</u> By Appointment		<u>6/8 week Reviews</u> By Appointment	<u>Speech & Language (2nd Monthly)</u> By Appointment	<u>1&2 Year Reviews</u> By Appointment	<u>1 &2 Year Reviews</u> By Appointment	<u>Antenatal Checks</u> By Appointment

*De Bohun Primary School is part of the Enfield School Streets initiative. Please be advised that if you drive outside the school between 8.15-9.15am & 2.45-3.45am, you will incur a fine. If you need further information, please email healthystreets@enfield.gov.uk

DESCRIPTION OF SERVICES

<p>Baby Group (0-1 years) Call 0208 106 9996 to book</p> <p>Stay and Play sessions for parents & babies who are not yet walking to share experiences, meet new friends and gain information</p> <p>Stay and Play (1- 4 year olds) Call 0208 106 9996 to book</p> <p>Stay and Play sessions that will enrich your child's knowledge and development through play, helping your children explore their creativity and language</p> <p>**PLEASE NOTE these sessions are INDOOR & OUTDOOR **</p>	<p>FAMILY SUPPORT SURGERY Call to Book an appointment</p> <p>A Family Support Worker will be available to talk things through & offer guidance and support. No problem is too big or small .</p> <p>Citizens Advice Bureau</p> <p>Call 020 8106 9996 to book an appointment</p> <p>A trained adviser will be available to provide one-to-one consultations covering Welfare, Benefits and Debt advice, Housing etc</p>	<p>Speech & Language By Appointment only</p> <p>To book an appointment with a Speech & Language therapist— call 020 45537784</p> <p>Access & Advice By Invitation Only</p> <p>A Speech & Language triage service which identifies childrens' language and communication needs. Referrals to this service are made via our Children's Centre staff</p> <p>Let's Play By Invitation Only</p> <p>Language & Communication Group for children Invited by the Speech & Language team</p>	<p>BREASTFEEDING SUPPORT DROP-IN NO Appointment needed! Drop-in Run by the Breastfeeding Network Enfield providing advice & support – all welcome</p> <p>HENRY Starting Solids Workshop Call to Book a place on waiting list For parents ensuring babies have a healthy start in life</p> <p>HENRY –Healthy Families Workshop By Appointment Fussy eating & understanding children's behaviour. Available to families with children aged under 5 years . To refer into this service Call: 020 3988 7300</p>
<p>HEALTHY CHILD CLINIC DROP IN—no need to make an appointment – PLEASE ATTEND EARLY TO ENSURE THAT YOU ARE SEEN</p> <p>Call: 020 3988 7300 for any Health enquiries or concerns</p> <p>A Health Visitor led baby & child 1-4 years weighing clinic</p> <p>Two Year Reviews By Invitation Only</p> <p>A Health Visiting Team led service Call: 020 3988 7300 for any Health enquiries or concerns</p>	<p>EPIP By Appointment only</p> <p>Service for parents-to-be and parents with babies up to 18 months. Are you finding things more difficult than you anticipated? Have you been feeling low or depressed? Are you feeling concerned that you haven't formed a bond?</p> <p>Contact Jane Davies on 0208 702 6828 for further information</p>	<p>Antenatal Group Invitation only by Midwifery Team</p> <p>This appointment takes place between 28-36 weeks of pregnancy to introduce the Health Visitor Team</p> <p>BABY & US</p> <p>An 9 week course run by trained local parents for local parents. Learn how to bond with your baby understand their needs, look after your wellbeing & meet new friends– suitable for parents/carers of babies 0-9 months</p> <p>To book or for more information please contact : Katrina Bray 07719 324861</p>	<p>First Time Parents Programme Call to Book a place on waiting list</p> <p>For first time parents with babies aged 2 to 4 months- The program covers parents' well-being, early communication, weaning and sleeping and it's a great opportunity to meet local parents.</p>



All Sessions are FREE for families with children under 5

****NO MOBILES TO BE USED ANYWHERE ON SITES****

Please refer to our website for up to date information- www.ccenfield.org

You can also find our privacy policy on <https://www.ccenfield.org/privacy-policy/>

****PRAMS & BUGGIES WILL NEED TO BE LEFT IN THE BUGGY PARKS PROVIDED AT ALL SITES****